

Rialto Unified School District

Sep 1, 2025 thru Sep 5, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/01/2025																
MS BIC Breakfast	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 09/02/2025																
MS BIC Breakfast	Total	5750														
Muffin,Choc Chip-BuenaVista'25	1 ea	5750	250	20	240	2.04	1.80	20.4	*N/A*	*N/A*	19	4.0	40.97	8.0	2.00	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	5750	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2875	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			447	27	457	3.04	1.89	445.0	*2960	*91.80	55	12.13	79.19	8.32	2.19	0.00
% of Calories											49.6%	10.9%	70.9%	16.8%	4.4%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 09/03/2025																
MS BIC Breakfast	Total	5825														
Uncrustable, Grape Wh,Che-2016	1 each	5825	300	0	280	4.00	0.18	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	5825	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	722	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	675	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5150	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			479	6	498	4.05	0.20	478.2	948	30.23	48	17.15	67.28	17.31	3.18	0.00
% of Calories											40.4%	14.3%	56.2%	32.5%	6.0%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Rialto Unified School District

Sep 1, 2025 thru Sep 5, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/04/2025																
MS BIC Breakfast	Total	4155														
Donuts, Choc Super Bakery '24	1 EACH	4155	320	0	310	3.00	2.00	31.0	0	0.0	19	5.0	42.0	16.0	9.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	4155	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Craisins	1/4 Cup	2077	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	412	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3743	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			542	6	529	3.80	2.06	257.2	1057	30.03	62 46.2%	14.12 10.4%	87.95 64.9%	16.41 27.3%	9.16 15.2%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 09/05/2025																
MS BIC Breakfast	Total	5788														
BREAD,BANANA 6-12	1 Slice	5788	404	40	216	4.46	1.33	34.0	91	3.82	*36	5.15	59.49	18.47	1.69	*0.01
Juice, Wildberry, 4oz, 2024	1 EACH	5788	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	1625	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	622	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5163	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			609	46	435	5.31	1.40	467.5	3358	46.41	*74 *48.6%	13.63 8.9%	100.13 65.7%	18.89 27.9%	1.87 2.8%	*0.01 *0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			519	21	480	4.05	1.39	412.0	*2081	*49.62	*60 *104.1	14.26 11.0%	83.64 64.4%	15.23 26.4%	4.10 7.1%	*0.00 *0.0%
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Rialto Unified School District

Sep 1, 2025 thru Sep 5, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	519			400 - 550	100%												
Cholesterol (mg)	21																
Sodium 1 (mg)	480			600	80%												
Fiber (g)	4.05																
Iron (mg)	1.39																
Calcium (mg)	412.0																
Vitamin A (IU)	2081																
Sugars (g)	60	46.29%				Missing											
Vitamin C (mg)	49.62					Missing											
Protein (g)	14.26	10.99%				Missing											
Carbohydrate (g)	83.64	64.43%															
Total Fat (g)	15.23	26.41%			<=30.00%												
Saturated Fat (g)	4.10	7.11%			<10.00%												
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Sep 8, 2025 thru Sep 12, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/08/2025																
MS BIC Breakfast	Total	5500														
Cinnamon Swirls, WG 2024	Serving	5500	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	5500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2000	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			489	16	343	3.70	0.36	723.4	1067	30.00	57 46.6%	15.09 12.3%	84.93 69.5%	9.22 17.0%	2.63 4.9%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 09/09/2025																
MS BIC Breakfast	Total	5750														
Concha, WG CHOCOLATE '24	1 each	1800	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Concha, WG PINK-'24	1 EACH	1800	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Concha, WG WHITE-'24	each(2G)	1800	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2800	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2750	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			348	10	287	2.83	1.78	344.1	1948	73.72	35 40.7%	12.43 14.3%	61.67 70.9%	5.85 15.1%	1.54 4.0%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Rialto Unified School District

Sep 8, 2025 thru Sep 12, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/10/2025																
MS BIC Breakfast	Total	5500														
CEREAL, LUCKY CHARMS '23	BOWL	5500	218	0	358	3.36	3.02	84.0	420	5.04	18	4.48	46.48	2.24	0.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	2750	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	2750	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			381	14	522	3.57	3.09	423.6	988	20.96	44 46.3%	13.53 14.2%	72.47 76.0%	4.59 10.8%	1.39 3.3%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Thu - 09/11/2025																
MS BIC Breakfast	Total	5500														
Waffles, Mini Maple 2017	pkg	5500	210	0	170	3.00	0.72	20.0	65	0.0	13	4.0	38.0	6.0	1.00	0.00
Orange juice, DW, 4oz. 2024	1 EACH	5500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Craisins	1/4 Cup	5500	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			478	6	390	4.61	0.84	246.4	1133	30.06	68 56.5%	13.14 11.0%	96.54 80.7%	6.56 12.3%	1.16 2.2%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 09/12/2025																
MS BIC Breakfast	Total	5500														
Cinnis, Mini	1 EACH	5500	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2750	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES, FRESH	Serving	2750	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Base Menu Spreadsheet

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			435	6	484	3.51	1.57	384.7	2602	37.43	50	13.77	77.16	7.49	1.67	0.00
% of Calories											46.0%	12.7%	71.0%	15.5%	3.5%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			426	10	405	3.64	1.53	424.4	1548	38.43	51	13.59	78.55	6.74	1.68	0.00
											107.3%	12.8%	73.7%	14.2%	3.5%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	426		400 - 550	100%				
Cholesterol (mg)	10							
Sodium 1 (mg)	405		600	68%				
Fiber (g)	3.64							
Iron (mg)	1.53							
Calcium (mg)	424.4							
Vitamin A (IU)	1548							
Sugars (g)	51	47.69%						
Vitamin C (mg)	38.43							
Protein (g)	13.59	12.76%						
Carbohydrate (g)	78.55	73.72%						
Total Fat (g)	6.74	14.24%	<=30.00%					
Saturated Fat (g)	1.68	3.55%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Portion Values - Detailed

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Sep 15, 2025 thru Sep 19, 2025

MS BIC Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/15/2025																
MS BIC Breakfast	Total	5500														
UBR - BRKFST CINN ROUND	1 EACH	5500	280	5	190	6.29	0.68	29.8	8	0.01	19	5.0	44.0	8.0	3.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	2750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2750	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			447	11	402	7.25	0.68	248.4	1029	15.01	48 42.9%	13.59 12.2%	75.27 67.4%	8.23 16.6%	3.14 6.3%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 09/16/2025																
MS BIC Breakfast	Total	5500														
Mini Brkfst Apple Bites '25	1 EACH	5500	260	0	140	2.96	1.50	39.8	*N/A*	*N/A*	14	6.0	37.99	9.98	4.50	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2750	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2750	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			427	6	352	3.96	1.59	358.4	*1980	*76.80	43 40.4%	14.09 13.2%	68.94 64.6%	10.21 21.5%	4.64 9.8%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 09/17/2025																
MS BIC Breakfast	Total	5825														
Bagel, Mini w/Cinn CC '25	1 Each	5825	230	10	190	2.00	1.60	30.0	100	0.0	13	6.0	42.0	6.0	2.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	5825	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	722	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	675	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5150	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Sep 15, 2025 thru Sep 19, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			409	16	408	2.05	1.62	248.2	1048	30.23	47 46.3%	14.15 13.8%	77.28 75.6%	6.31 13.9%	2.18 4.8%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Thu - 09/18/2025																
MS BIC Breakfast	Total	4155														
Mini Donuts, WG Powdered Sugar	1 each	4155	280	0	290	2.00	1.08	20.0	110	0.0	22	5.0	42.0	10.0	3.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	4155	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Craisins	1/4 Cup	2077	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	412	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	3743	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			502	6	509	2.80	1.14	246.2	1167	30.03	65 52.2%	14.12 11.3%	87.95 70.1%	10.41 18.7%	3.16 5.7%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 09/19/2025																
MS BIC Breakfast	Total	5788														
BREAD, STRAWBERRY, fzeggg	Serv. (2 G)	5788	223	52	152	1.40	1.04	36.5	80	3.42	*20	3.93	33.82	8.19	0.96	*0.01
Juice, Wildberry, 4oz, 2024	1 EACH	5788	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES, FRESH	Serving	1625	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	622	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5163	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			428	58	372	2.24	1.11	469.9	3347	46.02	*59 *55.1%	12.42 11.6%	74.45 69.7%	8.61 18.1%	1.14 2.4%	*0.01 *0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			442	19	408	3.66	1.23	314.2	*1714	*39.62	*53 *106.9	13.67 12.4%	76.78 69.4%	8.75 17.8%	2.85 5.8%	*0.00 *0.0%
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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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MS BIC Breakfast

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	442			400 - 550	100%												
Cholesterol (mg)	19																
Sodium 1 (mg)	408			600	68%												
Fiber (g)	3.66																
Iron (mg)	1.23																
Calcium (mg)	314.2																
Vitamin A (IU)	1714																
Sugars (g)	53	47.53%				Missing											
Vitamin C (mg)	39.62					Missing											
Protein (g)	13.67	12.37%				Missing											
Carbohydrate (g)	76.78	69.43%															
Total Fat (g)	8.75	17.81%															
Saturated Fat (g)	2.85			<=30.00%													
Trans Fat ¹ (g)	0.00	0.00%		<10.00%		Missing											

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Rialto Unified School District

Sep 22, 2025 thru Sep 26, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/22/2025																
MS BIC Breakfast	Total	5500														
Cinnamon Roll-W/Wh.Wheat-IW-2017	1 EACH	5500	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	2750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2750	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			467	11	522	3.96	1.80	238.6	1321	16.20	51	13.59	82.27	11.23	6.14	0.00
% of Calories											43.6%	11.6%	70.5%	21.6%	11.8%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 09/23/2025																
MS BIC Breakfast	Total	5500														
CRESCENT,CHOCOLATE FILL ED '22	1 EACH	5500	240	1	270	3.00	1.80	20.0	55	0.0	11	6.0	37.0	8.0	1.50	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2750	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2750	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			407	7	482	4.00	1.89	338.6	2035	76.80	40	14.09	67.95	8.23	1.64	0.00
% of Calories											39.4%	13.8%	66.8%	18.2%	3.6%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

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MS BIC Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/24/2025																
MS BIC Breakfast	Total	5825														
CEREAL,MALT-O, SCOOTERS'25	BOWL	5825	156	0	260	3.90	11.69	129.9	650	19.49	*N/A*	5.2	29.89	2.6	0.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	5825	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	722	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	675	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5150	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			335	6	478	3.95	11.71	348.1	1597	49.72	*34 *41.0%	13.35 16.0%	65.17 77.9%	2.91 7.8%	0.18 0.5%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Thu - 09/25/2025																
MS BIC Breakfast	Total	4155														
Croissant,Sausage & Cheese '25	1 Each	4155	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
Orange juice, DW, 4oz.2024	1 EACH	4155	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
BANANAS	1 EACH	2077	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	412	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3743	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			442	41	625	3.51	1.74	381.7	1265	34.39	41 37.3%	21.79 19.7%	63.21 57.2%	11.72 23.8%	5.63 11.5%	0.16 0.3%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 22, 2025 thru Sep 26, 2025

MS BIC Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/26/2025																
MS BIC Breakfast	Total	5788														
Concha, WG CHOCOLATE '24	1 each	1929	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Concha, WG PINK-'24	1 EACH	1929	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Concha, WG WHITE-'24	each(2G)	1929	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	5788	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	1625	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	622	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5163	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			405	11	309	2.85	1.87	473.5	3307	42.59	46	13.48	74.63	6.41	1.68	0.00
% of Calories											45.9%	13.3%	73.7%	14.3%	3.7%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			411	15	483	3.65	3.80	356.1	1905	43.94	*43	15.26	70.65	8.10	3.05	0.03
											*93.2%	14.8%	68.7%	17.7%	6.7%	0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	411		400 - 550	100%				
Cholesterol (mg)	15							
Sodium 1 (mg)	483		600	81%				
Fiber (g)	3.65							
Iron (mg)	3.80							
Calcium (mg)	356.1							
Vitamin A (IU)	1905							
Sugars (g)	43	41.44%			Missing			
Vitamin C (mg)	43.94							
Protein (g)	15.26	14.85%						
Carbohydrate (g)	70.65	68.73%						
Total Fat (g)	8.10	17.73%	<=30.00%					
Saturated Fat (g)	3.05	6.68%	<10.00%					
Trans Fat ¹ (g)	0.03	0.07%						

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 29, 2025 thru Sep 30, 2025

MS BIC Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/29/2025																
MS BIC Breakfast	Total	5750														
POP TARTS,Wh.Gr Strawberry-'24	PKG. of (2 ea)	5750	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	5750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2875	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			554	6	576	6.96	3.60	429.6	2052	30.00	66	13.13	113.04	4.83	2.20	0.00
% of Calories											47.4%	9.5%	81.6%	7.8%	3.6%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 09/30/2025																
MS BIC Breakfast	Total	5750														
Muffin,Choc Chip-BuenaVista'25	1 ea	5750	250	20	240	2.04	1.80	20.4	*N/A*	*N/A*	19	4.0	40.97	8.0	2.00	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	5750	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2875	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			447	27	457	3.04	1.89	445.0	*2960	*91.80	55	12.13	79.19	8.32	2.19	0.00
% of Calories											49.6%	10.9%	70.9%	16.8%	4.4%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			501	17	517	5.00	2.75	437.3	*2506	*60.90	61	12.63	96.11	6.58	2.19	0.00
											108.9%	10.1%	76.8%	11.8%	3.9%	0.0%

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Rialto Unified School District

Sep 29, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	501	% of Cals	Weekly Target	400 - 550	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*								
Cholesterol (mg)	17																
Sodium 1 (mg)	517			600													
Fiber (g)	5.00																
Iron (mg)	2.75																
Calcium (mg)	437.3																
Vitamin A (IU)	2506					Missing											
Sugars (g)	61	48.39%															
Vitamin C (mg)	60.90					Missing											
Protein (g)	12.63	10.09%															
Carbohydrate (g)	96.11	76.80%															
Total Fat (g)	6.58	11.82%															
Saturated Fat (g)	2.19	3.95%															
Trans Fat ¹ (g)	0.00	0.00%															

*Data comparisons are not available for one or two day selections

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.